Mid-Pacific’s Extended Learning Program - Spring 2016
also open to non Mid-Pacific students in grades preschool - 12th
Mid-Pacific Extended Learning Catalog
Spring 2016

Extended Learning Office
Hours
Monday - Friday
2:00pm - 5:00pm
except school holidays

Website
www.midpac.edu/extendedlearning

Extended Learning Email
extendedlearning@midpac.edu

Extended Learning Phone
(808) 441-3941

Extended Learning Coordinator
Kimee Balmilero
kimee@midpac.edu

Mid-Pacific Institute
Elementary School Office
(808) 441-3800

Main Switchboard
(808) 973-5000

School Security
(808) 973-5133

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Campus Map

- Entrance/Main Gate
- Elementary School
- Tennis Courts
- Extended Learning
- Bakken Pick-Up
- Pool
Registration
Registration for our Spring 2016 classes will open on **Tuesday, Dec 8th at 5pm**. Classes are open to the **general public** on a first come, first served basis. You may register for classes online at: www.midpac.edu/extendedlearning. Registration does not guarantee enrollment. Payment must be made in full by either check or credit card in order to guarantee a spot in class.
*classes may be canceled due to low enrollment

Payments
Payments may be made online with a credit card or in person by check. Checks should be made payable to: Mid-Pacific Institute. Checks may be walked into the External Affairs Office or mailed to: Mid-Pacific Institute - External Affairs
2445 Kaala Street
Honolulu, Hawaii 96822
*there is a $20 charge for all returned checks.

Early Bird Prices and Regular Registration
Early bird pricing will end on **Tuesday, December 22 at 11:59pm**. Regular registration will begin on Tuesday, December 29th at 5pm. All payments must be received by December 22, 2015 in order to secure early bird pricing. No exceptions.

Consent Forms
Parents or guardians of students who do not attend Mid-Pacific must read and sign our online Extended Learning Consent Form before a student can be confirmed for a class.

Confirmation
A confirmation will be sent to the email provided.

Refund/Withdrawl Policy
A full refund will be given to cancellations made at least 7 business days prior to the first class. No refunds will be made once a class starts.
*there may be a $25 service fee for all class changes and withdrawals.

Absenses
If your child will be missing his/her after school class, please call or email us. Even if your child has missed school that day, please be sure to inform the Extended Learning Office.

Wait Time/After School Care
Elementary students enrolled in classes that start after 3:00pm, must either be met by a guardian till their class starts or be enrolled into our after school program. Students are not to be left unattended. Any children left unattended will be escorted to our after school program.
There is a $15 daily charge for our after school program.

Emergency Plan
In the event of an emergency, students will be held in a safe area until pick-up is deemed safe. Check our website www.midpac.edu for up to date information and/or listen to major radio stations or watch local TV news programs.

Late Registration
Late registration may be available to certain classes if the class is not sold out and if approved by instructor. There are no prorated rates for late registrations. All late registrations must pay class fee in full.

Sold Out Classes
Parents will be notified if classes they have registered for online have already sold out and will be issued a full refund.

Canceled Classes
Parents will be notified via email between 1pm - 2pm if class must be canceled for any reason (weather excluded) and a suitable substitute is not available. A make-up class will be scheduled by the instructor. *no refunds for missed make-up classes

Rain Outs
Parents will be notified via email between 1pm - 2:30pm should classes cancel due to inclement weather. Up to three make-up days will be provided, with no refunds at the completion of the spring session.

Last Minute Cancelations
If an elementary class is canceled after 2:30pm, instructors will stay with their students until the end of the regular class time. Elementary students not picked up by 10 minutes after their class time has ended will be escorted to our after school program.
There is a $15 daily charge for our after school program.

Pick Up
All students may be picked up at the following locations unless noted otherwise by the instructor:

Elementary School Classes: ES Autoline

Middle/High School Classes: Bakken Autoline

Elementary students who are not picked up by 10 minutes after their class has ended will be escorted to our after school program.
There is a $15 daily charge for our after school program.
Frequently Asked Questions

Q: My child does not attend Mid-Pacific. May he/she still attend these classes?
A. Yes. All of our classes are open to the public except for swimming.

Q: I want to drop off my check. Where should I go?
A. Checks may be taken to the Elementary School or the External Affairs Office.

Q: A class my child took last semester is no longer being offered. Why is this?
A. Our catalog is constantly changing. Most classes are based on instructor availability and class space.

Q: My child’s class does not start until after 3pm. May they hang around campus by themselves till class starts?
A. Elementary students are not to be left attended. Any child found unattended will be escorted to our After School Care Program. There is a $15 daily charge.

Q: My child is already enrolled in the After School Care Program, but his/her class does not start until after 3pm. Will someone escort them to their class?
A. Yes. Class instructors and our after school care supervisors will assist in making sure your child gets to class safely and on time.

Q: My child is already enrolled in the After School Care Program and will need to go there after class. Will someone escort them back?
A. Yes. Class instructors and our after school care supervisors will assist in making sure your child gets back safely.

Q: I won’t be able to pick my child up till much later in the day. May they hang around campus by themselves?
A. Elementary students are not to be left attended. Any child found unattended will be escorted to our After School Care Program. There is a $15 daily charge.

Q: I registered online, but have not sent in my payment yet. Does that guarantee my spot?
A. No. Spots are not guaranteed until the online registration is complete and payments are received.

Q: I want to drop off my check. Where should I go?
A. Checks may be taken to the Elementary School or the External Affairs Office.

Q: A class my child took last semester is no longer being offered. Why is this?
A. Our catalog is constantly changing. Most classes are based on instructor availability and class space.

Q: I emailed/called about saving my child a spot in class. Does that guarantee my spot?
A. No. Spots are not guaranteed until the online registration is complete and payments are received.

Q: I registered online, but have not sent in my payment yet. Does that guarantee my spot?
A. No. Spots are not guaranteed until the payments are received.

Q: My child is on the wait list for a sold out class. When will we know if we got in?
A. We will notify parents at least one week before the classes start if a spot has opened up.

Q: How do you determine the order of the wait list?
A. All entries are time stamped. Wait list is ordered depending on the time you registered.

Q: Are parents allowed to sit and observe classes?
A. Teacher’s choice. Please contact your class instructor.
Meeting Areas

**Grades K-5:**
All elementary extended learning classes should meet in the dining hall directly after school. Students will be met by their instructors and will be escorted to their classes.

**Preschool:**
All preschool extended learning students should remain in the preschool classroom until met by their instructors.

**Middle and High School:**
Extended learning students grades 6th - 12th should meet in their assigned classrooms at least 10 minutes before class.

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**Extended Learning Showcase**
**Thursday, May 12th at 3:30pm - Bakken Auditorium**
Class Start and End Dates

<table>
<thead>
<tr>
<th></th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1/11</td>
<td>1/12</td>
<td>1/13</td>
<td>1/14</td>
<td>1/15</td>
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<tr>
<td></td>
<td>5/2</td>
<td>5/10</td>
<td>5/11</td>
<td>5/12</td>
<td>4/29</td>
</tr>
</tbody>
</table>

No Extended Learning Class Days

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/18 Martin Luther King Jr. Day</td>
<td>2/12 PD Day</td>
</tr>
<tr>
<td>2/15 Holiday - President's Day</td>
<td>3/11 Ho'olauea</td>
</tr>
<tr>
<td>3/14 - 3/28 Spring Break</td>
<td>5/6 May Day Program</td>
</tr>
</tbody>
</table>

Exceptions will be noted by class. Please check exact dates in class listings.
Sew Cool (mixed level) - Grades 4th - 5th  
**Instructor:** Maile Chow

Creating has never been SEW MUCH FUN! In this class, students will learn the basics of sewing and designing. Students will also have an opportunity to work with sewing machines. SUPER FANCY! Let’s make cool stuff!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 4-5</td>
<td>Mondays</td>
<td>3:00-4:00pm</td>
<td>11</td>
<td>X</td>
<td>$135</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/4, 4/11, 4/18, 4/25, 5/2

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Chado: The Japanese Way of Tea - Grades 1st-12th  
**Instructor:** Tomiko Mori

Mrs. Tomiko Mori of Urasenke Tea School will walk students through the basic flow, techniques and background of Japanese tea ceremony. In each class, sweets and green tea will be served, and students will be introduced to Japanese culture, manners and spirits. Supplies needed: white socks

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-12</td>
<td>Wednesdays</td>
<td>3:00-4:00pm</td>
<td>8</td>
<td>X</td>
<td>$120</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
1/13, 1/27, 2/10, 2/24, 3/9, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10

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Mandarin - Grades K-5th  
**Instructor:** Mina Ting

Learning a foreign language can be a fun and exciting ride. Especially for kids! In this class, students will learn basic vocabulary, greetings and more!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-5</td>
<td>Tuesdays</td>
<td>2:45-3:30pm</td>
<td>16</td>
<td>$190</td>
<td>$240</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10
Music

**Build Your Own Ukulele - Grades 3rd-5th NEW!**

Instructor: Jon Yamazaki

In this class, students will build their very own standard size ukulele from a kit and learn to play a few songs. The ukulele that is going to be made can be used by all levels of players but the ukulele playing portion of the class is for the beginners. All supplies and tools are provided. The kit is assembled with glue and clamps. No sawing or drilling involved.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Mondays</td>
<td>2:45-3:30pm</td>
<td>12</td>
<td>$450</td>
<td>$500</td>
<td>Materials included</td>
</tr>
</tbody>
</table>

Class Dates:
1/11, 1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/4, 4/11, 4/18, 4/25, 5/2

**Pitch Perfect - Grades 3rd-5th**

Instructor: Chris Lind

Admit it, you LOVED the movie! How cool would it be to sing in your very own group? Featuring songs from the popular movie, students will learn proper singing techniques as well as how to sing in a group and as a soloist. Watch out Barden Bellas...the kids at Mid-Pacific are coming for ya!!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Tuesdays</td>
<td>2:45-3:45pm</td>
<td>14</td>
<td>$175</td>
<td>$225</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
1/19, 1/26, 2/2, 2/9, 2/16, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10

**Songwriting - Grades 6th-12th NEW!**

Instructor: Chris Lind

This class is for young musicians who want to write original music, collaborate with others and learn to play their favorite songs. Topics will include discussion of chords, melodies, harmonies, lyrics, and song structure. Openness to opinions is key to any creative process. This will be a safe and supportive environment. There are no bad ideas in this songwriting class! Let’s play!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-12</td>
<td>Fridays</td>
<td>3:15 - 4:45pm</td>
<td>9</td>
<td>x</td>
<td>$175</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
Session 1: 1/22, 1/29, 2/5, 2/26, 3/4, 4/1, 4/8, 4/22, 4/29
Music

**Beginning Strings Grades - K-6th**

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this class, students will learn how to play their new string instrument (violin, viola or cello) with the added benefit of developing skills which apply to all facets of life; a perfect opportunity to strengthen and develop self-expression, discipline, creativity, patience, awareness and more. Throughout the session, students will have the opportunity to perform for family and friends.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Wednesdays</td>
<td>2:30-3:15pm</td>
<td>16</td>
<td>$195</td>
<td>$245</td>
<td>1st day 1/20</td>
</tr>
</tbody>
</table>

Class Dates:
1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18

**Intermediate Strings - Grades 1st - 6th**

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this class, students will continue their musical journey by learning new songs and how to make a better sound. Throughout the session, students will have the opportunity to perform for family and friends. *(prior string experience required)*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays</td>
<td>3:15-4:00pm</td>
<td>16</td>
<td>$195</td>
<td>$245</td>
<td>1st day 1/20</td>
</tr>
</tbody>
</table>

Class Dates:
1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18

**Advanced Strings - Grades 1st - 6th**

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this advanced class, students will continue their musical journey with more complicated and challenging pieces. Students will learn to play both melody and harmony with the Advanced Strings orchestra. Throughout the session, students will have the opportunity to perform for family and friends. *(prior string experience required)*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays</td>
<td>4:00 - 4:45pm</td>
<td>16</td>
<td>$195</td>
<td>$245</td>
<td>1st day 1/20</td>
</tr>
</tbody>
</table>

Class Dates:
1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18
Student-Model Instrument Information

Strings for Tomorrow, LLC is a local retailer of violins, violas and cellos founded by Joanna Morrison-Pernela and Kathy K. Sato. The company’s mission has been to bring quality instruments at a reasonable price to the islands, as well as increasing accessibility of instruments to all—even to those who cannot afford them. Through our Tomorrow Program, for every 3 instruments that we sell, at least one instrument is donated to a needy school or community organization. Our student model rent-to-own program, introduced in January 2013, is another way that we help increase accessibility. 100% of all rental payments made are applied to the purchase of an instrument.

All student-model instruments are made of aged spruce and maple, and have been professionally adjusted with high-quality fittings (Evah Pirrazi strings for violins, Helicore strings for viola and cello, Wittner tailpiece and tuners etc.) Instrument descriptions, as well as photos of instruments can be found at: https://strings-for-tomorrow-llc.myshopify.com

Prices include instrument, bow, rosin and case/bag. For cellos, fiberglass and shell cases are extra, and are recommended to keep instruments in good shape so to maintain resale/trade-in value. Violins and violas require a shoulder rest.

<table>
<thead>
<tr>
<th>Instrument</th>
<th>1/8-size</th>
<th>1/4-size</th>
<th>1/2-size</th>
<th>3/4-size</th>
<th>4/4-size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Model Violin 100</td>
<td>$350</td>
<td>$350</td>
<td>$350</td>
<td>$400</td>
<td>$450</td>
</tr>
<tr>
<td>Student Model Violin 200S</td>
<td>$500</td>
<td>$500</td>
<td>$500</td>
<td>$650</td>
<td>$650</td>
</tr>
<tr>
<td>Student Model Viola 200</td>
<td>$450</td>
<td>$450</td>
<td>$500</td>
<td>$500</td>
<td>$550</td>
</tr>
<tr>
<td>Student Model Viola 200S</td>
<td>$650</td>
<td>$650</td>
<td>$725</td>
<td>$725</td>
<td>$725</td>
</tr>
<tr>
<td>Student Model Cello 100</td>
<td>$700</td>
<td>$750</td>
<td>$850</td>
<td>$850</td>
<td>$1,000</td>
</tr>
<tr>
<td>Student Model Cello 200</td>
<td>$900</td>
<td>$1,000</td>
<td>$1,150</td>
<td>$1,250</td>
<td></td>
</tr>
</tbody>
</table>

For our student model rent-to-own program, a $20 (violin/viola) / $50 (cello) deposit is required. Rental payments of $20/$50 + GET (violin/viola and cello) are made for 11 months, then in month 12 the remaining balance is due. For information on our rent-to-own program see: https://strings-for-tomorrow-llc.myshopify.com/pages/rent-to-own.

Should you have any questions, contact us at contact@stringsfortomorrow.com. Mahalo!
Performing Arts

Gotta Sing, Gotta Dance! - Grades K-2nd
Instructor: Jasmine Fernandez
If you love to sing, dance or just have an awesome time with awesome kids just like you...you’ll LOVE this class! Students will learn songs, theater games, musical theater movement and MORE! At the end of the session, students will be given the opportunity to perform in a showcase for their family and friends. IT'S SHOWTIME!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Thursdays</td>
<td>3:00-3:45pm</td>
<td>16</td>
<td>$190</td>
<td>$240</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:

Acting and Improv Comedy - Grades 3rd-5th
Instructor: Kimee Balmilero
Who doesn’t LOVE a good laugh? In this class, students will learn the basics of improv comedy and acting through fun theater games, and more! Students will have the opportunity to perform at the end of the session.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
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<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Mondays</td>
<td>3:00-4:00pm</td>
<td>10</td>
<td>X</td>
<td>$100</td>
<td>No Class 1/11, 4/4</td>
</tr>
</tbody>
</table>

Class Dates:
1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/11, 4/18, 4/25, 5/2

Comedic Acting - Grades 6th - 8th NEW!
Instructor: Kimee Balmilero
Improv is a great tool for ANYONE to have. Whether an aspiring actor, comedian, attorney, astronaut, entrepreneur or even president...the gift of creativity, spontaneity, and wit is the BEST THING EVER! Join us for some fun, laughs and make ‘em ups!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>Mondays</td>
<td>4:15-5:00pm</td>
<td>5</td>
<td>$50</td>
<td>$75</td>
<td>No Class 1/11</td>
</tr>
</tbody>
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Class Dates:
Session 1: 1/25, 2/1, 2/8, 2/22, 2/29
Session 2: 3/7, 4/11, 4/18, 4/25, 5/2

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 2</td>
<td>Mondays</td>
<td>4:15-5:00pm</td>
<td>5</td>
<td>$50</td>
<td>$75</td>
<td>No Class 4/4</td>
</tr>
</tbody>
</table>
Dance

Hip-Hop - Grades K-5th  
Instructor: Chazz Dumlao
This high-energy class joins the latest sounds in kid-friendly music together with movements influenced by some of today’s most popular choreographers. Let’s get FUNKY!

<table>
<thead>
<tr>
<th>Level</th>
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<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Fridays</td>
<td>3:00-3:45pm</td>
<td>11</td>
<td>$125</td>
<td>$175</td>
<td></td>
</tr>
<tr>
<td>Grades 3-5</td>
<td>Fridays</td>
<td>4:00-4:45pm</td>
<td>11</td>
<td>$125</td>
<td>$175</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
1/15, 1/22, 1/29, 2/5, 2/19, 2/26, 3/4, 4/1, 4/8, 4/22, 4/29

Hip-Hop - Grades 6th - 8th  
Instructor: Cara Horibe
This high-energy class joins the latest sounds in kid-friendly music together with movements influenced by some of today’s most popular choreographers. Let’s get FUNKY!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session 1</td>
<td>Tuesdays</td>
<td>3:00-4:00pm</td>
<td>8</td>
<td>x</td>
<td>$95</td>
<td></td>
</tr>
<tr>
<td>Session 2</td>
<td>Tuesdays</td>
<td>3:00-4:00pm</td>
<td>8</td>
<td>x</td>
<td>$95</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
Session 1: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/1
Session 2: 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10
Soccer and Yoga

Soccer Academy - Grades K-6th
Let’s KICK IT! Join us for Mid-Pacific’s first ever elementary SOCCER ACADEMY!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Mondays</td>
<td>3:00 - 4:00pm</td>
<td>11</td>
<td>$165</td>
<td>$195</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
Mondays: 1/11, 1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/4, 4/11, 4/18, 4/25

Coaches: Jamie Dixon & Jayson Abe

Yoga - Grades Preschool - 5th
Through creative play, breathing exercises, yoga postures and relaxation, kids will explore the physical mental and emotional benefits of yoga in a fun-filled learning environment. In this class, students may improve flexibility, strength, coordination and concentration as well as have a better sense of calmness, relaxation and body awareness.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Mondays</td>
<td>2:45-3:30pm</td>
<td>12</td>
<td>$145</td>
<td>$195</td>
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</tr>
<tr>
<td>Grades K-5</td>
<td>Fridays</td>
<td>2:45-3:30pm</td>
<td>10</td>
<td>$120</td>
<td>$170</td>
<td></td>
</tr>
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</table>

Class Dates:
Preschool: 1/11, 1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/4, 4/11, 4/18, 4/25, 5/2
K-5: 1/15, 1/22, 1/29, 2/5, 2/19, 2/26, 3/4, 4/1, 4/8, 4/22,

Instructor: Tehila Woosley
## Swimming

### Beginning Swim - Grades K-6th *(open to Mid-Pacific students only)*

The beginning class will include swimmers who are not water safe to those swimmers just starting to swim with out any assistance. The goal of the beginning class is to develop confidence and a greater comfort level in the water. There will be an emphasis on the freestyle stroke, kicking, and floating on their backs. **Approximate Age group 5-8 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Wednesdays and Fridays</td>
<td>3:00-3:30pm</td>
<td>17</td>
<td>$255</td>
<td>$305</td>
<td></td>
</tr>
</tbody>
</table>

**Class Dates:**
- Wednesdays: 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4
- Fridays: 2/19, 2/26, 3/4, 4/1, 4/8, 4/22, 4/29

### Intermediate Swim - Grades K-6th *(open to Mid-Pacific students only)*

Intermediate swimmers should be able to swim a full 25 yard length with out assistance. Knowledge of three out of the four competitive strokes is preferred but not required. In this class swimmers will continue to work with the freestyle stroke, with a focus on breath control and body position. This class will also begin to learn and develop the backstroke and breaststroke along with an introduction to butterfly. **Approximate Age group 7-10 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Tuesdays and Thursdays</td>
<td>3:00-3:45pm</td>
<td>20</td>
<td>$300</td>
<td>$350</td>
<td></td>
</tr>
</tbody>
</table>

**Class Dates:**
- Tuesdays: 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3

### Advanced Swim - Grades 1st-6th *(open to Mid-Pacific students only)*

In the advanced group swimmers are expected to swim a full 25 yard length of freestyle, backstroke and breaststroke with some experience with butterfly. The advanced group will focus on developing all four competitive strokes. Body position, technique, and kicking are the main point of emphasis with this group. **Approximate Age group 8-11 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays and Fridays</td>
<td>3:00-3:45pm</td>
<td>17</td>
<td>$255</td>
<td>$305</td>
<td></td>
</tr>
</tbody>
</table>

**Class Dates:**
- Wednesdays: 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4
- Fridays: 2/19, 2/26, 3/4, 4/1, 4/8, 4/22, 4/29

### Competitive Swim - Grades 1st-6th *(open to Mid-Pacific students only)*

The competitive class is primarily a developmental program for the club swim team. Swimmers in this group should be proficient in all four strokes. There will be a continuous progression of all four strokes with a focus on technique, kicking and endurance. Swimmers will also learn how to use a pace clock and use interval training during class sessions. **Approximate Age group 8-12 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Tuesdays and Thursdays</td>
<td>3:00-3:45pm</td>
<td>20</td>
<td>$300</td>
<td>$350</td>
<td></td>
</tr>
</tbody>
</table>

**Class Dates:**
- Tuesdays: 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3
Tennis Academy - Grades K-6th

Beginning Quick Start “Red Ball”  
Head Coach: Chanon Alcon

The Quick Start Red Ball level is ideal for teaching the game of tennis to beginners utilizing foam tennis balls and 25% low compression tennis balls. At the Red Ball level, both the drill-based approach (Traditional) and the game-based approach (Games) are used to introduce beginning tennis players to the proper stroke technique in areas of the serve, forehand, backhand, and volley. Two years of stroke-production instruction is ideal for laying a strong technical foundation for the sport. With just 16 spaces available, players will be accepted on a first-come, first-serve basis. Priority will be given to players who are able to commit to both practice days.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Mondays and Thursdays</td>
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<td>X</td>
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</tr>
<tr>
<td>Grades 3-4</td>
<td>Mondays and Thursdays</td>
<td>2:55-3:40pm</td>
<td>20</td>
<td>X</td>
<td>$450</td>
<td></td>
</tr>
</tbody>
</table>

Intermediate Quick Start “Red/Orange Ball” (level must be approved by tennis director)  
Head Coach: Chanon Alcon

The Quick Start Orange Ball level is the next progression for a player who has completed the recommended two years at the Red Ball level and is able to demonstrate proper stroke technique in areas of the serve, forehand, backhand, and volley. At the Orange Ball level, players will continue to develop their foundational skills using both the Traditional Approach and the Games Approach in conjunction with the 50% low compression tennis balls. Orange Ball participants will be introduced to the “Rules of the Game”; “Tennis Etiquette”; “Tennis Scoring System”, and the “Competitive Aspect” of the sport. Players will be personally selected and invited to participate at this level of training based on his/her Red-Ball evaluation and/or outside playing experience.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
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<tbody>
<tr>
<td>Ages 8-12</td>
<td>Mondays and Thursdays</td>
<td>2:55-3:40pm</td>
<td>20</td>
<td>X</td>
<td>$450</td>
<td></td>
</tr>
</tbody>
</table>

Advanced Quick Start “Orange/Green Ball” (level must be approved by tennis director)  
Head Coach: Chanon Alcon

The Quick Start Green Ball level is the final stage in the Quick Start progression. At the Green Ball level, the 80% low compression tennis balls are used for the continued development of player’s foundational skills. Participants at the Green Ball level will be primarily using the Games Approach to experience and learn the “Strategic” and “Tactical” aspects of the game. A player who has completed the recommended two years at the Orange Ball level and has built a strong understanding of the “Rules of the Game”; “Tennis Etiquette”; “Tennis Scoring System”, and the “Competitive Aspect” of the sport, will be personally selected and invited to participate at this level of training based on his/her Orange Ball evaluation and/or outside playing experience.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 8-12</td>
<td>Tuesdays and Fridays</td>
<td>2:55-3:40pm</td>
<td>20</td>
<td>X</td>
<td>$450</td>
<td></td>
</tr>
</tbody>
</table>

See page 17 for class dates...
MPTA After School Tennis Calendar

JANUARY:
Monday: 11, 25
Tuesday: 12, 19, 26
Thursday: 14, 21, 28
Friday: 15, 22, 29

Holiday/No Tennis: 1/18 (Martin Luther King)

FEBRUARY:
Monday: 1, 8, 22, 29
Tuesday: 2, 9, 16, 23
Thursday: 4, 11, 18, 25
Friday: 5, 19

Holiday/No Tennis: 2/12 (Prof. Dev.), 2/15 (Presidents Day), 2/26 (Grandparent's Day)

MARCH:
Monday: 7
Tuesday: 1, 8
Thursday: 3, 31
Friday: 4

Holiday/No Tennis: 3/10-3/11 (Ho’olaulea), 3/14 – 3/28 (Spring Break)

APRIL:
Last Month of Regular Classes
Monday: 4, 11
Tuesday: 5, 12
Thursday: 7, 21
Friday: 1, 8, 22

Holiday/No Tennis: 4/19/4/-21 (ILH Varsity Champs), 4/15-4/16 (Kite Day)

MAY:
Rain-Out Make-up Dates ONLY!!
Monday: 4/25, 5/2, 5/16
Tuesday: 4/26, 5/3, 5/17
Thursday: 4/28, 5/12
Friday: 4/29, 5/13

Holiday/No Tennis: 5/5-5/6 (May Day), 5/9-5/10 (Conference Prep)
5/5-5/7 (HHSAA Champs) 5/19-5/20 (Conferences)
# Technology and Design

## Bricks4Kidz- Grades Preschool & Kindergarten

This is a hands-on class where students will design and build machines, catapults, pyramids, derby cards, buildings and other constructions out of LEGO® bricks. While exploring engineering, architecture and physics (STEM CONCEPTS), students will develop problem solving and critical thinking skills. As they work in pairs in a lab-type setting, they will play and socialize with friends while learning fundamentals of engineering and architecture in a noncompetitive setting. Our class provides an opportunity for creative expression and fosters an appreciation of how things work. Kids will build a new fun project each week!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Grades K</td>
<td>Tuesdays</td>
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<td>$195</td>
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</table>

Class Dates:
Kindergarten: 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10

## Power Up- Grades Preschool NEW!

The Tinker & Do Academy’s Keiki Engineering program presents engaging hands-on learning opportunities for young students in science and technology. Using engineering as a platform, students will explore basic concepts in electronics and coding through guided play activities. Through playing games and using safe, age-appropriate tech toys, students will learn about basic concepts in electricity and what role electricity plays in our everyday lives.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Wednesdays</td>
<td>2:30 - 3:00pm</td>
<td>10</td>
<td>$300</td>
<td>$350</td>
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</tbody>
</table>

Class Dates:
1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13

## Cool Coding - Grades Kindergarten NEW!

The Tinker & Do Academy’s Keiki Engineering program presents engaging hands-on learning opportunities for young students in science and technology. Using engineering as a platform, students will explore basic concepts in electronics and coding through guided play activities. Using board games and programmable bots, students will be introduced to basic coding concepts and will explore why coding is so important in the world around us.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>Wednesdays</td>
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<td>$350</td>
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</table>

Class Dates:
1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13
## Technology and Design

### My Minecraft- Grades 4th - 8th  
**Instructor: DevLeague**

My Minecraft is an engaging and educational course that explores coding concepts in one of the world’s most popular gaming platforms. Students will explore coding through game mod creation and learn engineering concepts through game play. During the semester, we introduce JavaScript to enable students to design their own game within a game. This will cover the general theory of game design and what makes a game fun. Along the way the students will learn JavaScript, core engineering principles, and the basis of connected computing. Instead of playing games on Minecraft, why not make one.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 4-8</td>
<td>Tuesdays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
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**Class Dates:**

1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10

### So You Wanna Build An App?- Grades 6th - 8th  
**Instructor: DevLeague**

This course covers the basics of creating web applications and is directed by the interests of the students. This could be anything from a game, a handy tool or an app for friends and family to use. To make these apps students learn HTML, CSS, JavaScript, and understand how databases work. In the end, they have their own web application which they built from the ground up.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-8</td>
<td>Wednesdays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
<td>$545</td>
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</table>

**Class Dates:**

Wednesdays: 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11

### Digital Design - Grades 6th - 8th  
**NEW!**

This course will introduce students to how to create attractive and useful design for development. This is not only a course for students who are interested in art and graphic design, but also how design can actually help people use programs more easily. This will cover concepts such as color theory, functional design, and the user interface. Students will learn how to code in HTML and CSS using professional tools. At the end of the course, the students will have examples of different designs which they have put together and an understanding of how to make functional design.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
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<tbody>
<tr>
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<td>Thursdays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
<td>$545</td>
</tr>
</tbody>
</table>

**Class Dates:**


### Digital Jungle - Grades 9th - 12th  
**NEW!**

Today we are immersed in an ever changing technical landscape touching on every part of our human psyche and intertwining our digital and physical worlds ever closer. With an abundance of tools and information readily accessible, how do we shift our creative process to the digital arts through open source technology?

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 9-12</td>
<td>Wednesdays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
<td>$545</td>
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</table>

**Class Dates:**

1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 2/24, 3/2, 3/9, 3/30, 4/6, 4/13, 4/20, 4/27, 5/4, 5/11
Hack My Planet - Grades 6th - 8th NEW!

This course will open up the world of connected devices using light programming in conjunction with modern micro hardware. Every day we are expanding further into a digitally connected world and the “internet of things”, in which everyday objects will be even more useful because they can connect to other devices across wifi networks. This course will explore how to better understand how these devices work, work directly with them and learn how we can connect hardware and software. Students will learn how to wire up electronics, some software to program the devices, and how to connect them together.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
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<tbody>
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<td>Fridays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
<td>$545</td>
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Class Dates:
1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23, 3/1, 3/8, 3/29, 4/5, 4/12, 4/19, 4/26, 5/3, 5/10

App Development: People and Data - Grades 9th - 12th NEW!

This course will cover how to build a sophisticated app which solves practical problems in our everyday lives. To make these apps students will have to learn HTML, CSS, JavaScript, and understand how databases work. However, this class will go beyond the basic technical skills to build an app, but also how to build apps which have meaning to people in the real world. The students will complete the course with several apps, built from the ground up.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
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<td>$375</td>
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Class Dates:
1/11, 1/25, 2/1, 2/8, 2/22, 2/29, 3/7, 4/4, 4/11, 4/18, 4/25, 5/2
## Class List by Grade Level

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- Strings .................................................. 10
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- Hip-Hop ................................................ 13
- Soccer ................................................... 14
- Yoga ...................................................... 14
- Swimming ............................................ 15
- Tennis .................................................. 16
- Bricks 4 Kidz ......................................... 18
- Cool Coding ......................................... 18

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- Sew Cool ............................................. 8
- Chado: The Way of Tea .......................... 8
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- Build An Ukulele ................................... 9
- Strings .................................................. 10
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- Hip-Hop ................................................ 13
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- Yoga ...................................................... 14
- Swimming ............................................ 15
- Tennis .................................................. 16
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- Songwriting .......................................... 9
- Strings .................................................. 10
- Comedic Acting ..................................... 12
- Hip-Hop ................................................ 13
- Soccer ................................................... 14
- Swimming ............................................ 15
- Tennis .................................................. 16
- My Minecraft ....................................... 19
- So You Wanna Build An App ................... 19
- Digital Design ....................................... 19
- Digital Jungle ....................................... 19
- Hack My Planet ...................................... 20

### Grades 9th - 12th
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- Songwriting .......................................... 9
- Digital Jungle ....................................... 19
- App Development .................................. 20