

**Mid-Pacific Middle School**  
**Field Day 2017**  
**Friday, Sept. 15**  
**Student Info,**

**What to bring/wear:**

- All students will change into Field Day shirts in hmrn (try to get there before 7:30 if possible).
- Dress code length shorts, athletic and board shorts ok.
- Covered shoes
- Sunscreen, hat, sunglasses recommended
- Water/cups will be available throughout the day, but you may bring your own water bottle if you prefer (but must be responsible for it).
- \*Leave your school bags, books, iPads, and electronics at home – -TECH-FREE FUN ONLY!

**Snacks:**

- A variety of snacks will be provided throughout the day but you're welcomed to bring your own as well. Please enjoy lunch on your own after dismissal at noon.

**Schedule for the day:**

**7:30-7:40: Students meet in homeroom as usual (earlier if possible)**

- Change to field day shirts and prep for the day

**7:45 – 8:00: Assembly in Gym**

- Students may store their belongings (ie athletic, after school needs) ... will be locked in;
  - Rm 19 (gr.8)                      - Rm 21 (gr.7)
- \* To be opened at noon dismissal
- Class Clap Cheers
- Morning Stretches to prepare for the walk led by our Facilities/Maintenance Staff

**8:00 – 9:00: Walking adventure to Kanewai Park (Dole St)**

- Teachers and parents will supervise students on our walk through the UH campus along EW Rd and down to Dole St.

**9:00 – 10:30: Playtime!** Homerooms rotate between 3 stations

**10:30 – 11:30: Head back to campus for cold treat/snacks** (walk back with your homeroom)

**11:30 - 12:00: Meet in gym after snacks**

- Dancing & announcing of PEP (Proud Enthusiastic Pueo) Award winner!
- Dismissal at noon

Pick up areas;

6<sup>th</sup> – Gym Parking Lot

7<sup>th</sup> – Weinberg Tech Plaza

8<sup>th</sup> – Bakken Turnaround

**Happy Weekend!!**

