Mid-Pacific’s Extended Learning Program - Fall 2015
also open to non Mid-Pacific students in grades preschool - 12th
Extended Learning Office

Hours
Monday - Friday
1:00pm - 5:00pm
except school holidays

Website
www.midpac.edu/extendedlearning

Extended Learning Coordinator
Kimee Balmilero

Phone
(808) 441-3941

Email
kimee@midpac.edu

Mid-Pacific Institute

Main Switchboard
(808) 973-5000

School Security
(808) 973-5133

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General Information

Registration
Registration for our Fall 2015 classes will open on **Tuesday, July 28th at 5pm.** Classes are open to the **general public** on a first come, first served basis. You may register for classes online at: www.midpac.edu/extendedlearning. Registration does not guarantee enrollment. Payment must be made in full by either check or credit card in order to guarantee a spot in class.

*classes may be canceled due to low enrollment

Payments
Payments may be made online with a credit card or in person by check. Checks should be made payable to: **Mid-Pacific Institute.** Checks may be walked into the External Affairs Office or mailed to: Mid-Pacific Institute - External Affairs 2445 Kaala Street Honolulu, Hawaii 96822

*there is a $20 charge for all returned checks.

Confirmation
A confirmation will be sent to the email provided.

Late Registration
Late registration may be available to certain classes if the class is not sold out and if approved by instructor. There are no prorated rates for late registrations. All late registrations must pay class fee in full.

Early Bird Prices
Early bird pricing will end on **Wednesday, August 12th at 11:59pm.**

All payments must be received by this deadline in order to secure early bird pricing.

No exceptions.

Refund/Withdrawl Policy
A full refund will be given to cancellations made at least 7 business days prior to the first class. No refunds will be made once a class starts.

*there may be a $25 service fee for all class changes and withdrawals.

Absenses
If your child will be missing his/her after school class, please call or email us. Even if your child has missed school that day, please be sure to inform the Extended Learning Office.

Canceled Classes
If the class instructor or school must cancel a class for any reason (sickness, weather, etc) and a suitable substitute is not available, a make-up class will be scheduled by the instructor."no refunds for missed make-up classes"

Wait Time/After School Care
Elementary students enrolled in classes that start after 3:00pm, must either be met by a guardian till their class starts or be enrolled into our after school program. Students are not to be left unattended. Any children left unattended will be escorted to our after school program.

There is a $15 daily charge for our after school program.

Pick Up
All students may be picked up at the following locations unless noted otherwise by the instructor:

Elementary School Classes: ES Autoline

Middle/High School Classes: Bakken Autoline

Emergency Plan
In the event of an emergency, students will be held in a safe area until pick-up is deemed safe. Check our website www.midpac.edu for up to date information and/or listen to major radio stations or watch local TV news programs.

There is a $15 daily charge for our after school program.
Meeting Areas

**Grades K-5:**
All elementary extended learning classes should meet in the dining hall directly after school. Students will be met by their instructors and will be escorted to their classes.

**Preschool:**
All preschool extended learning students should remain in the preschool classroom until met by their instructors.

**Middle and High School:**
Extended learning students grades 6th - 12th should meet in their assigned classrooms at least 10 minutes before class.

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**Extended Learning Showcase**
Friday, December 4th at 3:30pm - Bakken Auditorium
### Class Start and End Dates

<table>
<thead>
<tr>
<th>Day</th>
<th>Start Date</th>
<th>End Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8/17</td>
<td>12/7</td>
</tr>
<tr>
<td>Tuesday</td>
<td>8/18</td>
<td>12/1</td>
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<tr>
<td>Wednesday</td>
<td>8/19</td>
<td>12/9</td>
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<td>Thursday</td>
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<td>Friday</td>
<td>8/21</td>
<td>11/20</td>
</tr>
<tr>
<td>Saturday</td>
<td>8/29</td>
<td>12/5</td>
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### No Extended Learning Class Days

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/7</td>
<td>Holiday - Labor Day</td>
</tr>
<tr>
<td>10/9</td>
<td>PD Day</td>
</tr>
<tr>
<td>10/12</td>
<td>Holiday - Discoverer’s Day</td>
</tr>
<tr>
<td>10/30</td>
<td>Spooktivity</td>
</tr>
<tr>
<td>11/4</td>
<td>PD Day</td>
</tr>
<tr>
<td>11/11</td>
<td>Holiday - Veteran’s Day</td>
</tr>
<tr>
<td>11/25</td>
<td>Conference Prep Day</td>
</tr>
<tr>
<td>11/26 &amp; 11/27</td>
<td>Thanksgiving Vacation</td>
</tr>
<tr>
<td>12/10 &amp; 12/11</td>
<td>Conference Day</td>
</tr>
<tr>
<td>12/17</td>
<td>ES Christmas Program</td>
</tr>
</tbody>
</table>

*Exceptions will be noted by class. Please check exact dates in class listings.*
Sew Cool! - Grades 4th - 5th NEW!
Instructor: Maile Chow
Creating has never been SEW MUCH FUN! In this class, students will learn the basics of sewing and designing. Students will also have an opportunity to work with sewing machines. SUPER FANCY! Let’s make cool stuff!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 4-5</td>
<td>Tuesdays</td>
<td>3:30-4:30pm</td>
<td>16</td>
<td>$160</td>
<td>$210</td>
</tr>
</tbody>
</table>

Class Dates:
8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1

Chado: The Japanese Way of Tea - Grades 1st-12th
Instructor: Tomiko Mori
Mrs. Tomiko Mori of Urasenke Tea School will walk students through the basic flow, techniques and background of Japanese tea ceremony. In each class, sweets and green tea will be served, and students will be introduced to Japanese culture, manners and spirits. Supplies needed: white socks

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-12</td>
<td>Wednesdays</td>
<td>3:00-4:00pm</td>
<td>8</td>
<td>X</td>
<td>$120</td>
</tr>
</tbody>
</table>

Class Dates:
8/19, 9/9, 9/23, 9/30, 10/7, 10/21, 11/18, 12/2

Japanese - Grades Preschool - 5th (open to Mid-Pacific students only)
Instructor: Ruriko Inouye
Join Sensei Ruriko Inouye for some Japanese fun and learning! In this class, students will learn basic Japanese phrases and vocabulary, experiment with Origami, watch popular Japanese animated videos and more!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Tuesdays</td>
<td>2:45-3:30pm</td>
<td>14</td>
<td>$200</td>
<td>$250</td>
</tr>
</tbody>
</table>

No Class 10/27
Last Class 11/24

| Grades K-5th | Wednesdays | 2:45-3:45pm | 14 | $210 | $260 |

No Class 10/28
Last Class 12/16

Class Dates:
Preschool: 8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 11/3, 11/10, 11/17, 11/24
K-5th: 8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 11/18, 12/2, 12/9, 12/16

Mandarin - Grades K-5th
Instructor: Mina Ting
Learning a foreign language can be a fun and exciting ride. Especially for kids! In this class, students will learn basic vocabulary, greetings and more!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Tuesdays</td>
<td>2:45-3:30pm</td>
<td>16</td>
<td>$190</td>
<td>$240</td>
</tr>
</tbody>
</table>

| Grades 3-5  | Tuesdays  | 3:40 - 4:40pm   | 16           | $190            | $240          |

Class Dates:
8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1
# Music

## Beginning Strings Grades - K-6th

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this class, students will learn how to play their new string instrument (violin, viola or cello) with the added benefit of developing skills which apply to all facets of life; a perfect opportunity to strengthen and develop self-expression, discipline, creativity, patience, awareness and more. Throughout the session, students will have the opportunity to perform for family and friends.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Wednesdays</td>
<td>2:30-3:10pm</td>
<td>14</td>
<td>$180</td>
<td>$230</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/18, 12/2, 12/9

## Intermediate Strings - Grades 1st - 6th

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this class, students will continue their musical journey by learning new songs and how to make a better sound. Throughout the session, students will have the opportunity to perform for family and friends. *(prior string experience required)*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays</td>
<td>3:10-3:50pm</td>
<td>14</td>
<td>$180</td>
<td>$230</td>
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</tbody>
</table>

Class Dates:
8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/18, 12/2, 12/9

## Advanced Strings - Grades 1st - 6th

Join professional musician and classical strings instructor Miss Rachel Saul for some after school music fun! In this advanced class, students will continue their musical journey with more complicated and challenging pieces. Students will learn to play both melody and harmony with the Advanced Strings orchestra. Throughout the session, students will have the opportunity to perform for family and friends. *(prior string experience required)*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays</td>
<td>3:50-4:30pm</td>
<td>14</td>
<td>$180</td>
<td>$230</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/18, 12/2, 12/9

## Beats by You - Grades 6th - 8th

Creating your own beats is an awesome feeling! In this class, students will learn how to play and improvise on a variety of percussion instruments like drums and even their iPad! GIMME A BEAT!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-8</td>
<td>Mondays</td>
<td>3:30-4:30pm</td>
<td>11</td>
<td>X</td>
<td>$110</td>
<td></td>
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</table>

First Class 9/21

Class Dates:
9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7
Student-Model Instrument Information

Strings for Tomorrow, LLC is a local retailer of violins, violas and cellos founded by Joanna Morrison-Pernela and Kathy K. Sato. The company’s mission has been to bring quality instruments at a reasonable price to the islands, as well as increasing accessibility of instruments to all—even to those who cannot afford them. Through our *Tomorrow Program*, for every 3 instruments that we sell, at least one instrument is donated to a needy school or community organization. Our *student model rent-to-own program*, introduced in January 2013, is another way that we help increase accessibility. 100% of all rental payments made are applied to the purchase of an instrument.

All student-model instruments are made of aged spruce and maple, and have been professionally adjusted with high-quality fittings (Evah Pirrazi strings for violins, Helicore strings for viola and cello, Wittner tailpiece and tuners etc.) Instrument descriptions, as well as photos of instruments can be found at: [https://strings-for-tomorrow-llc.myshopify.com](https://strings-for-tomorrow-llc.myshopify.com)

Prices include instrument, bow, rosin and case/bag. For cellos, fiberglass and shell cases are extra, and are recommended to keep instruments in good shape so to maintain resale/trade-in value. Violins and violas require a shoulder rest.

<table>
<thead>
<tr>
<th>Instrument</th>
<th>1/8-size</th>
<th>1/4-size</th>
<th>1/2-size</th>
<th>3/4-size</th>
<th>4/4-size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Model Violin 100</td>
<td>$350</td>
<td>$350</td>
<td>$350</td>
<td>$400</td>
<td>$450</td>
</tr>
<tr>
<td>Student Model Violin 200S</td>
<td>$500</td>
<td>$500</td>
<td>$500</td>
<td>$650</td>
<td>$650</td>
</tr>
<tr>
<td>Student Model Viola 200</td>
<td>$450</td>
<td>$450</td>
<td>$500</td>
<td>$500</td>
<td>$550</td>
</tr>
<tr>
<td>Student Model Viola 200S</td>
<td>$650</td>
<td>$650</td>
<td>$725</td>
<td>$725</td>
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<tr>
<td>Student Model Cello 100</td>
<td>$700</td>
<td>$750</td>
<td>$850</td>
<td>$850</td>
<td>$1,000</td>
</tr>
<tr>
<td>Student Model Cello 200</td>
<td>$900</td>
<td>$1,000</td>
<td>$1,150</td>
<td>$1,250</td>
<td></td>
</tr>
<tr>
<td>Fiberglass Cello Case</td>
<td>$300</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shell Cello Case</td>
<td>$200</td>
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</tbody>
</table>

For our student model rent-to-own program, a $20 (violin/viola) / $50 (cello) deposit is required. Rental payments of $20/$50 + GET (violin/viola and cello) are made for 11 months, then in month 12 the remaining balance is due. For information on our rent-to-own program see: [https://strings-for-tomorrow-llc.myshopify.com/pages/rent-to-own](https://strings-for-tomorrow-llc.myshopify.com/pages/rent-to-own).

Should you have any questions, contact us at contact@stringsfortomorrow.com. Mahalo!

July 2014
# Performing Arts

## Acting and Improv Comedy - Grades 3rd-5th

**Instructor:** Kimee Balmilero  
Who doesn't LOVE a good laugh? In this class, students will learn the basics of improv comedy and acting through fun theater games, and more! Students will have the opportunity to perform at the end of the session.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Mondays</td>
<td>3:00-4:00pm</td>
<td>15</td>
<td>$150</td>
<td>$200</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:  
8/17, 8/24, 8/31, 9/14, 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7

## Gotta Sing, Gotta Dance! - Grades K-2nd

**Instructors:** Kimee Balmilero, Chazz Dumlao  
If you love to sing, dance or just have an awesome time with awesome kids just like you...you'll LOVE this class! Students will learn music, theater games, musical theater dance and MORE! At the end of the session, students will be given the opportunity to perform in a showcase for their family and friends. IT'S SHOWTIME!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Tuesdays and Fridays</td>
<td>3:00-3:45pm</td>
<td>26</td>
<td>$390</td>
<td>$440</td>
<td>No Class 9/25</td>
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<td></td>
<td></td>
<td>No Class 10/2</td>
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</table>

Class Dates:  
Tuesdays: 8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1  
Fridays: 8/21, 8/28, 9/4, 9/11, 9/18, 10/16, 10/23, 11/6, 11/13, 11/20

## Hip-Hop - Grades K-5th

**Instructor:** Chazz Dumlao  
This high-energy class joins the latest sounds in kid friendly music together with movements influenced by some of today's most popular choreographers. Let's get FUNKY!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Thursdays</td>
<td>3:00-3:45pm</td>
<td>14</td>
<td>$210</td>
<td>$260</td>
<td></td>
</tr>
<tr>
<td>Grades 3-5</td>
<td>Thursdays</td>
<td>3:45-4:30pm</td>
<td>14</td>
<td>$210</td>
<td>$260</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:  
8/20, 8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 12/3

## Hip-Hop - Grades 6th - 8th

**Instructor:** Cara Horibe  
This high-energy class joins the latest sounds in kid friendly music together with movements influenced by some of today's most popular choreographers. Let's get FUNKY!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
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<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-8</td>
<td>Tuesdays</td>
<td>3:00-3:45pm</td>
<td>10</td>
<td>$100</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:  
9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1
Performing Arts

Pitch Perfect - Grades 3rd - 5th
Instructor: Bria Hiromoto
Admit it, you LOVED the movie! How cool would it be to sing in your very own group? Featuring songs from the popular movie, students will learn proper singing techniques as well as how to sing in a group and as a soloist. Watch out Barden Bellas...the kids at Mid-Pacific are coming for ya!!

<table>
<thead>
<tr>
<th>Level</th>
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<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Tuesdays</td>
<td>2:45-3:30pm</td>
<td>16</td>
<td>$160</td>
<td>$210</td>
<td></td>
</tr>
</tbody>
</table>

Class Dates:
Tuesdays: 8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1

Making Tracks - Grades 6th - 8th NEW!
Instructor: Bria Hiromoto
Record your own music! In this class, students will record their own song and learn the basics of Garage Band and record a casual music video. At the end of the session, participants will have the opportunity to share their work with family and friends.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
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<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-8</td>
<td>Wednesdays</td>
<td>3:00-4:30pm</td>
<td>9</td>
<td>X</td>
<td>$90</td>
<td>First Class 9/23, Last Class 12/16</td>
</tr>
</tbody>
</table>

Class Dates:
9/23, 9/30, 10/7, 10/14, 10/21, 11/18, 12/2, 12/9, 12/16

Saturday Musical Theatre Intensive - Grades 3rd - 5th

Musical Theatre Intensive - Grades 3rd -5th NEW!
Show Director: Kimee Balmilero
It’s time to put on a show! Like, a REAL show! Join us for our first ever extended learning musical theatre intensive! Students will put together a musical production featuring songs and dances from: Aladdin, Annie, Once on this Island, Pitch Perfect and more! Through fun acting, dancing and vocal exercises, participants will get a taste of what it’s like to do a production together as one team. Get ready everyone...IT’S SHOWTIME!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 3-5</td>
<td>Saturdays</td>
<td>9am - 12pm</td>
<td>12</td>
<td>$325</td>
<td>$375</td>
<td>No Class 9/25, No Class 10/31</td>
</tr>
</tbody>
</table>

Class Dates:
8/29, 9/5, 9/12, 9/19, 10/3, 10/10, 10/17, 10/24, 11/7, 11/14, 11/21, 12/5

Improv Comedy 2014
**Sports**

**Beginning Swim - Grades K-6th** *(open to Mid-Pacific students only)*

The beginning class will include swimmers who are not water safe to those swimmers just starting to swim without assistance. The goal of the beginning class is to develop confidence and a greater comfort level in the water. There will be an emphasis on the freestyle stroke, kicking, and floating on their backs. *Approximate Age group 5-8 years old*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Wednesdays and Fridays</td>
<td>3:00-3:30pm</td>
<td>21</td>
<td>$315</td>
<td>$365</td>
<td>No Class 9/30 Last Class 11/13</td>
</tr>
</tbody>
</table>

Class Dates:
- Wednesdays: 8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 10/7, 10/14, 10/21, 10/28
- Fridays: 8/21, 8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/16, 10/23, 11/6, 11/13

**Intermediate Swim - Grades K-6th** *(open to Mid-Pacific students only)*

Intermediate swimmers should be able to swim a full 25 yard length without assistance. Knowledge of three out of the four competitive strokes is preferred but not required. In this class swimmers will continue to work with the freestyle stroke, with a focus on breath control and body position. This class will also begin to learn and develop the backstroke and breaststroke along with an introduction to butterfly. *Approximate Age group 7-10 years old*

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-6</td>
<td>Tuesdays and Thursdays</td>
<td>3:00-3:45pm</td>
<td>23</td>
<td>$345</td>
<td>$395</td>
<td>Last Class 11/10</td>
</tr>
</tbody>
</table>

Class Dates:
- Tuesdays: 8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10
- Thursdays: 8/20, 8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5

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**Soccer Academy - Grades K-6th** *NEW!

Let's KICK IT! Join us for Mid-Pacific’s first ever elementary SOCCER ACADEMY!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Fridays</td>
<td>2:45-3:45pm</td>
<td>21</td>
<td>$180</td>
<td>$230</td>
<td></td>
</tr>
<tr>
<td>Grades 3-6</td>
<td>Fridays</td>
<td>4:00-5:00pm</td>
<td>12</td>
<td>$180</td>
<td>$230</td>
<td></td>
</tr>
</tbody>
</table>

Head Coach: Jamie Dixon

Class Dates:
- 8/21, 8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/16, 10/23, 11/6, 11/13, 11/20

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**Head Coach: Kaz Yoshiwara**
Advanced Swim - Grades 1st-6th (open to Mid-Pacific students only)  Head Coach: Kaz Yoshiwara

In the advanced group swimmers are expected to swim a full 25 yard length of freestyle, backstroke and breaststroke with some experience with butterfly. The advanced group will focus on developing all four competitive strokes. Body position, technique, and kicking are the main point of emphasis with this group. **Approximate Age group 8-11 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Wednesdays and Fridays</td>
<td>3:00-3:45pm</td>
<td>21</td>
<td>$315</td>
<td>$365</td>
<td>No Class 9/30</td>
</tr>
</tbody>
</table>

Last Class 11/13

Class Dates:
- Wednesdays: 8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 10/7, 10/14, 10/21, 10/28
- Fridays: 8/21, 8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/16, 10/23, 11/6, 11/13

Competitive Swim - Grades 1st-6th (open to Mid-Pacific students only)  Head Coach: Kaz Yoshiwara

The competitive class is primarily a developmental program for the club swim team. Swimmers in this group should be proficient in all four strokes. There will be a continuous progression of all four strokes with a focus on technique, kicking and endurance. Swimmers will also learn how to use a pace clock and use interval training during class sessions. **Approximate Age group 8-12 years old**

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 1-6</td>
<td>Tuesdays and Thursdays</td>
<td>3:00-3:45pm</td>
<td>23</td>
<td>$345</td>
<td>$395</td>
<td>Last Class 11/10</td>
</tr>
</tbody>
</table>

Class Dates:
- Tuesdays: 8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10
- Thursdays: 8/20, 8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5

Yoga - Grades Preschool - 5th  Instructor: Tehila Woosley

Through creative play, breathing exercises, yoga postures and relaxation, kids will explore the physical mental and emotional benefits of yoga in a fun-filled learning environment. In this class, students may improve flexibility, strength, coordination and concentration as well as have a better sense of calmness, relaxation and body awareness.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Mondays</td>
<td>2:45-3:30pm</td>
<td>15</td>
<td>$150</td>
<td>$200</td>
<td></td>
</tr>
</tbody>
</table>

| Grades K-5     | Fridays   | 2:45-3:30pm       | 9             | $90              | $140          |                        |

Class Dates:
- Preschool: 8/17, 8/24, 8/31, 9/14, 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7
- K-5: 8/21, 8/28, 9/25, 10/2, 10/16, 10/23, 11/6, 11/13, 11/20
Tennis Academy - Grades K-6th

**Beginning Quick Start “Red Ball”**

The Quick Start Red Ball level is ideal for teaching the game of tennis to beginners utilizing foam tennis balls and 25% low compression tennis balls. At the Red Ball level, both the drill-based approach (Traditional) and the game-based approach (Games) are used to introduce beginning tennis players to the proper stroke technique in areas of the serve, forehand, backhand, and volley. Two years of stroke-production instruction is ideal for laying a strong technical foundation for the sport. With just 16 spaces available, players will be accepted on a first-come, first-serve basis. Priority will be given to players who are able to commit to both practice days.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades K-2</td>
<td>Mondays and Thursdays</td>
<td>2:55-3:40pm</td>
<td>24</td>
<td>X</td>
<td>$504</td>
<td></td>
</tr>
<tr>
<td>Grades 3-4</td>
<td>Mondays and Thursdays</td>
<td>2:55-3:40pm</td>
<td>24</td>
<td>X</td>
<td>$504</td>
<td></td>
</tr>
</tbody>
</table>

**Intermediate Quick Start “Red/Orange Ball” (by invitation only)**

The Quick Start Orange Ball level is the next progression for a player who has completed the recommended two years at the Red Ball level and is able to demonstrate proper stroke technique in areas of the serve, forehand, backhand, and volley. At the Orange Ball level, players will continue to develop their foundational skills using both the Traditional Approach and the Games Approach in conjunction with the 50% low compression tennis balls. Orange Ball participants will be introduced to the “Rules of the Game”; “Tennis Etiquette”; “Tennis Scoring System”, and the “Competitive Aspect” of the sport. Players will be personally selected and invited to participate at this level of training based on his/her Red- Ball evaluation and/or outside playing experience.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 8-12</td>
<td>Mondays and Thursdays</td>
<td>2:55-3:40pm</td>
<td>24</td>
<td>X</td>
<td>$504</td>
<td></td>
</tr>
</tbody>
</table>

**Advanced Quick Start “Orange/Green Ball” (by invitation only)**

The Quick Start Green Ball level is the final stage in the Quick Start progression. At the Green Ball level, the 80% low compression tennis balls are used for the continued development of player’s foundational skills. Participants at the Green Ball level will be primarily using the Games Approach to experience and learn the “Strategic” and “Tactical” aspects of the game. A player who has completed the recommended two years at the Orange Ball level and has built a strong understanding of the “Rules of the Game”; “Tennis Etiquette”; “Tennis Scoring System”, and the “Competitive Aspect” of the sport, will be personally selected and invited to participate at this level of training based on his/her Orange Ball evaluation and/or outside playing experience.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 8-12</td>
<td>Tuesdays and Fridays</td>
<td>2:55-3:40pm</td>
<td>24</td>
<td>X</td>
<td>$504</td>
<td></td>
</tr>
</tbody>
</table>

See page 13 for class dates...
“Jump Start Calendar” Ages 5-12

August: Start of Classes
   Monday: 17, 24, 31
   Tuesday: 18, 25
   Thursday: 20, 27
   Friday: 21, 28
Holiday/No Tennis: NONE

September:
   Monday: 14, 21, 28
   Tuesday: 1, 15, 22, 29
   Thursday: 3, 10, 17, 24
   Friday: 4, 11, 18, 25
Holiday/No Tennis: 7 & 8 (Labor Day)

October:
   Monday: 5, 19, 26
   Tuesday: 6, 13, 20, 27
   Thursday: 1, 8, 15, 22
   Friday: 2, 16, 23
Holiday/No Tennis: 9 (Prof. Dev.), 12 (Discoverers Day), 29 - 30
   (Spooktivity/Halloween)

November: Last Month of Regular Classes
   Monday: 2, 9, 16
   Tuesday: 3, 10, 17
   Thursday: 5, 12
   Friday: 6, 13
Holiday/No Tennis: 26 & 27 (Thanksgiving)

December: Rain-Out Make-up Dates
   Monday: Nov. 23, 30 Dec. 7
   Tuesday: Nov. 24, Dec. 1, 8
   Thursday: Nov. 19, Dec. 3
   Friday: Nov. 20, Dec.4
Holiday/No Tennis: 10 & 11 (Conferences), Dec 18 - Jan 5 (Winter Recess)
Technology and Design

**My Minecraft - Grades 5th - 8th**
Instructor: DevLeague

My Minecraft is an engaging and educational course that explores coding concepts in one of the world’s most popular gaming platforms. Students will explore coding through game mod creation and learn engineering concepts through game play. During the semester, we introduce JavaScript to enable students to design their own game within a game. This will cover the general theory of game design and what makes a game fun. Along the way the students will learn JavaScript, core engineering principles, and the basis of connected computing. Instead of playing games on Minecraft, why not make one.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 5-8</td>
<td>Tuesdays</td>
<td>3:00-5:00pm</td>
<td>16</td>
<td>$495</td>
<td>$545</td>
</tr>
</tbody>
</table>

Class Dates:
8/18, 8/25, 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, 12/1

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**So You Wanna Build An App? - Grades 6th - 8th**
Instructor: DevLeague

This course covers the basics of creating web applications and is directed by the interests of the students. This could be anything from a game, a handy tool or an app for friends and family to use. To make these apps students learn HTML, CSS, JavaScript, and understand how databases work. In the end, they have their own web application which they built from the ground up.

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
<th>Class Times</th>
<th># of Meetings</th>
<th>Early Bird Price</th>
<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades 6-12</td>
<td>Wednesdays</td>
<td>3:00-5:00pm</td>
<td>14</td>
<td>$445</td>
<td>$495</td>
</tr>
</tbody>
</table>

Class Dates:
8/19, 8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/18, 12/2, 12/9

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**Bricks4Kidz - Grades Preschool**
Instructor: Bricks4Kidz

Everything is AWESOME! In this fun class, children will build models using DUPLO bricks. In this session, we will cover two themes: “Home Sweet Home” and “On the Farm”. Children will build a model and then learn how these items are used around the house and how each animal plays an important role on a farm. Join us for some creative play!

<table>
<thead>
<tr>
<th>Level</th>
<th>Class Day</th>
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<th>Regular Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preschool</td>
<td>Thursdays</td>
<td>2:45-3:30pm</td>
<td>14</td>
<td>$280</td>
<td>$330</td>
</tr>
</tbody>
</table>

Class Dates:
8/20, 8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 12/3
# Class List by Grade Level

## Preschool
- Japanese.................................7
- Bricks 4 Kidz..............................16
- Yoga...........................................13

## Kindergarten - 2nd
- Chado: The Way of Tea..................7
- Japanese....................................7
- Mandarin....................................7
- Strings......................................8
- Gotta Sing, Gotta Dance................10
- Hip-Hop......................................10
- Soccer.......................................12
- Swimming...................................12-13
- Yoga..........................................13
- Tennis.......................................14

## Grades 3rd - 5th
- Sewing.......................................7
- Chado: The Way of Tea...................7
- Japanese....................................7
- Mandarin....................................7
- Strings......................................8
- Acting........................................10
- Hip-Hop......................................10
- Pitch Perfect...............................11
- Musical Theatre Intensive.............11
- Soccer.......................................12
- Swimming...................................12-13
- Yoga..........................................13
- Tennis.......................................14
- My Minecraft..............................16
- So You Wanna Build An App...........16

## Grades 6th - 8th
- Chado: The Way of Tea...................7
- Strings......................................8
- Beats By You...............................8
- Hip-Hop......................................10
- Making Tracks.............................11
- Soccer.......................................12
- Swimming...................................12-13
- Tennis.......................................14
- My Minecraft..............................16

## Grades 9th - 12th
- Chado: The Way of Tea...................7

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Kimee Balmilero, Extended Learning Coordinator