



MID-PACIFIC INSTITUTE

College Counseling

*Your Success
Starts Now*

NO 2 HB

Mid-Pacific Grad Requirements

- **English - 4 credits**
- **History - 3 credits including US History**
- **Math - 3 credits through Algebra 2B**
- **Lab Science - 3 years**
- **Foreign Languages - 3 credits in the same language**
- **Performing Arts - 2 credits**
- **Academic Electives – 4 credits**
- **PE - 1 ½ credits including a swimming test**
- **Career/Religion, Speech, Thinking Strategies, Tech – 2 credits**

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Becoming a Strong Applicant


- What are the most important factors for college admissions?
 - GPA
 - Course Selection
 - Test Scores
 - Extracurricular Activities
 - Clubs
 - Athletics
 - Leadership
 - Work Experience
 - Community Service

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Admission Factors

Percentage of Colleges Reporting “Considerable Importance”

Source: 2007 NACAC State of College Admissions

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|-----|----------------------------------|------|
| 1. | Grades in college prep courses | 76 % |
| 2. | Standardized admission tests | 60 % |
| 3. | Grades in all courses | 51 % |
| 4. | Essay or writing sample | 28 % |
| 5. | Class rank | 23 % |
| 6. | Student's interests | 21 % |
| 7. | Counselor recommendation | 21 % |
| 8. | Teacher recommendation | 20 % |
| 9. | Interview | 10 % |
| 10. | Work/extra curricular activities | 8 % |

Most important factor?

- Grades in academic courses
 - Plan your time
 - Complete homework
 - Learn to study
 - Take advantage of tutoring
 - Make appropriate adjustments

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Becoming a Strong Applicant

- Work at your level- A's and B's
- Balance your life
- Discover and develop your strengths and interests
- Commit to what you are interested in (Scouts, Club Sports, Music Lessons, Theater, Debate)
- Give back: volunteer opportunities
- Go beyond the minimum: commit to 3-4 years of same class/club/etc

Preparing for College

The College Counseling Department supports you in this process through:

- Individual planning
- Evening Presentations
- Drop in times / request to see Dean
- College Counseling Appointments in your Junior year
- **YOU ARE IN GOOD HANDS!**

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Looking ahead to college selection

- Visit college campuses
- Go to College Fairs
- Meet with college representatives
- Naviance
- Collegeboard.com

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What makes a “good” college?

- A subjective question
 - You must be aware of your own goals, preferences, interests, and values
- Rankings?
- Stanford, USC, UCLA
- Seattle University
- Julliard
- Naval Academy
- Johns Hopkins

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Myth's

- Freshman year doesn't matter
 - Freshman year establishes study habits
 - Freshman year determines classes for 10th grade
 - Colleges review the *entire* transcript
- A school's value is determined by its rank
 - How rankings work
 - School's value is relative to **YOUR** interests, strengths, values, and achievements.

MPI Spring Break College Tour

- Los Angeles and San Diego Area
- Saturday, March 20 – Sunday, March 28
- Open to students in grades 9 -11
- Proposed schools visits:
 - San Diego State University, Point Loma Nazarene, University of San Diego, University of California San Diego, SOKA University, University of California Los Angeles, Loyola Marymount University, Otis College of Art and Design, Occidental, California Lutheran University, Pepperdine University, Whittier College, Chapman University, University of California Irvine, Azusa Pacific University, University of La Verne, Claremont Colleges: Pomona, Claremont McKenna, Pitzer, Harvey Mudd, Scripps, University of Southern California, California Institute of Arts

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